

郭麗敏老師 Dr. Li-Min Kuo

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最高學歷：長庚大學博士



Education 學歷

學校	國家	主修系所	學位
長庚大學	台灣	長庚大學臨床醫學研究所護理組	博士
長庚大學	台灣	長庚大學護研所	碩士
長庚大學	台灣	長庚大學護理系	學士



Work Experience 工作經歷

服務機構	服務部門	職位	期間
國立臺北護理健康大學	高齡健康照護系	副教授	2019.08.01 迄今
國立臺北護理健康大學	高齡健康照護系	助理教授	2017.08.01~2019.07.31
臺北醫學大學	高齡健康管理系	助理教授	2015.08.01~2017.07.31
新生醫護管理專科學校	護理科	助理教授	2011.08.01~2015.07.31
新生醫護管理專科學校	護理科	講師	2006.08.01~2011.07.31



Specialized Area 學術專長

1. 失智照護
2. 老人照護
3. 社區健康照護



Certificates and Skills 專業證照與技能

1. 護理師證書
2. 護士證書
3. 助產士證書



一、Journal Papers 期刊論文

1. **Kuo, L.M.***, Li Kao, W.C., Chuang, Y.H., & Huang, L.K. (2025, Apr. Online ahead of print). Perspectives of New Family Caregivers of a Relative With Early-Onset Dementia: A Grounded Theory Study. *Journal of Advanced Nursing*. (R/C=6/193(3.11%, Q1), NURSING, SSCI; IF=3.8 in 2023)
2. **Kuo, L.M.**, Wang, C.L., Huang, H.L., Hsu, W.C., & Shyu, Y.L. (2024, Oct. Online ahead of print). Challenges for Family Caregivers of Persons With Mild Cognitive Impairment: A Qualitative Longitudinal Study. *International Journal of Mental Health Nursing*, 34(1):e13459. (R/C=9/193(4.66%, Q1), NURSING, SSCI; IF=3.6 in 2023)
3. **Kuo, L.M.**, Shyu, Y.L., Lin, Y.K., & Hsu, W.C. (2024, Jul-Aug). Mediating effects of predictability between caregiving demands and caregiving consequences for persons living with dementia: A longitudinal study. *Geriatric Nursing*, 58:430-437. (R/C=33/193(17.10%, Q1, NURSING, SSCI; IF=2.5 in 2023)
4. Liu, H. Y., **Kuo, L. M.**, Shyu, Y. I. L. & Hsu, W. C. (2024, Jan). Predictors of rewarded caregiving for family caregivers of person with dementia: A longitudinal study. *Research in Nursing & Health*, 47(1): 93-103. (R/C=53/193(27.46%, Q2), NURSING, SSCI; IF=2.1 in 2023)
5. Tung, Y. E., **Kuo, L. M.**, Chen, M. C., Hsu, W. C, & Shyu, Y. I. L. (2023, Feb). An outpatient-based training program improves family caregivers' preparedness in caring for persons with mild cognitive impairment: A randomized controlled trial. *Journal of Nursing Research*, 31(1), e252. (R/C=36/193(18.65%, Q1), NURSING, SSCI; IF=2.4 in 2023). *The first two authors contributed equally to this study.*
6. Wu, S. V., **Kuo, L. M.**, Tsai, J. M., Lin, L. J., Chu, C. H., & Liao, Y. Y. (2023, Feb). Comparison of the effectiveness of assisted turning mattresses and conventional air mattresses in relieving body pressure in different lying positions, *Assistive technology: the official journal of RESNA*, 28:1-7. (R/C= 39/161(24.22%, Q1), Medicine-Rehabilitation, SSCI; IF=4.0 in 2023).
7. Shyu, Y.I. L., Lin, C.C., Kwok, Y.T., Shyu, H.Y., **Kuo, L.M.*** (2022, Mar). A community-based computerised cognitive training program for older persons with mild dementia: A pilot study. *Australasian Journal on Ageing*, 41(1), e82-e93. (R/C=31/48(64.58%, Q3), GERONTOLOGY, SSCI; IF=1.4 in 2023). Corresponding Author.
8. Tseng, M. Y., Yang, C.T., Liang, J., Huang, H. L., **Kuo, L. M.**, Wu, C. C., Cheng, H. S., Chen, C. Y., Hsu, Y. H., Lee, P. C., Shyu, Y. I. L. (2021, Aug). A family care model for older persons with hip-fracture and cognitive impairment: A randomized controlled trial. *International Journal of Nursing Studies*, 120:103995. (R/C=1/193(0.52%, Q1), NURSING, SSCI; IF=7.5 in 2023).

9. Tou, Y.H., Liu, M. F., Chen, S.R., Lee, P.H., **Kuo, L.M.**, & Lin, P.C. (2020, Nov). Investigating missed care by nursing aides in Taiwanese long-term care facilities. *Journal of Nursing Management*, 28(8), 1918-1928. (R/C=8/193(4.15%, Q1), NURSING, SSCI; IF=3.7 in 2023).
10. **Kuo, L.M.**, Tsai, W.C., Chiu, M.J., Tang, L.Y., Lee, H.J., & Shyu, Y.I.L. (2019, Mar). Cognitive dysfunction predicts worse health-related quality of life for older stroke survivors: A nationwide population-based survey in Taiwan. *Aging & Mental Health*, 23(3), 305-310. (R/C=13/48(27.08%, Q2), GERONTOLOGY, SSCI; IF=2.8 in 2023).
11. Chuang, Y.H., & **Kuo, L.M.** (2018, Dec). Nurses' confidence providing and managing care for older persons with depressive symptoms or depression in long-term care facilities: A national survey. *International Journal of Mental Health Nursing*, 27(6), 1767-1775. (R/C=9/193(4.66%, Q1), NURSING, SSCI; IF=3.6 in 2023).
12. Wang, C.L., **Kuo, L.M.**, Chiu, Y.C., Huang, H.L., Huang, H.L., Hsu, W.C., Lu, C.H., Huang, T.H., Huang, S., & Shyu, Y.I.L. (2018, Mar). Protective preparation: A process central to family caregivers of persons with mild cognitive impairment. *International Psychogeriatrics*, 30(3), 375-384. (R/C=5/48(10.42%, Q1), GERONTOLOGY, SSCI; IF=4.6 in 2023). *The first two authors contributed equally to this study.*
13. **Kuo, L.M.**, Huang, H.L., Liang, J., Kwok, Y.T., Hsu, W.C., Liu, J.Y., & Shyu, Y.I.L. (2017, Mar). Trajectories of health-related quality of life among family caregivers of individuals with dementia: A home-based caregiver-training program matters. *Geriatric Nursing*, 38(2), 124-132. (R/C=33/193(17.10%, Q1), NURSING, SSCI; IF=2.5 in 2023)
14. **Kuo, L.M.**, Huang, H.L., Liang, J., Kwok, Y.T., Hsu, W.C., Su, P.L., & Shyu, Y.I.L. (2017, Mar). A randomised controlled trial of a home-based training programme to decrease depression in family caregivers of persons with dementia. *Journal of Advanced Nursing*, 73(3), 585-598. (R/C=6/193(3.11%, Q1), NURSING, SSCI; IF=3.8 in 2023)
15. Wang, H.P., Liang, J., **Kuo, L.M.**, Chen, C.Y., & Shyu, Y.I.L. (2017, Jan). Trajectories of nutritional status and cognitive impairment among older Taiwanese with hip fracture. *Journal of Nutrition Health & Aging*, 21(1), 38-45. (R/C=20/74(27.03%, Q2), GERIATRICS & GERONTOLOGY, SCI; IF=4.3 in 2023)
16. **Kuo, L.M.**, Huang, H.L., Hsu, W.C., Wang, Y.T., & Shyu, Y.I.L. (2016, Jun). Home-based caregiver training: Benefits differ by care receivers' dementia diagnosis. *Geriatric Nursing*, 37(5), 376-384. (R/C=33/193(17.10%, Q1), NURSING, SSCI; IF=2.5 in 2023)
17. **Kuo, L.M.**, Huang, H.L., Hsu, W.C., Shyu, Y.I.L. (2014, Jul). Health-related quality of life and self-efficacy of managing behavior problems for family caregivers of vascular dementia and Alzheimer's disease patients. *Dementia and Geriatric Cognitive Disorders*, 38(5-6), 310-320. (R/C=49/74(66.22%, Q3), GERIATRICS & GERONTOLOGY, SCI; IF=2.2 in 2023)
18. Huang, H.L., **Kuo, L.M.**, Chen, Y.S., Liang, J., Huang, H.L., Chiu, Y.C., Chen, S.T., Sun, Y., Hsu,

W.C., & Shyu, Y.I.L. (2013, Nov). A home-based training program improves caregivers' skills and dementia patients' aggressive behaviors: A randomized controlled trial. *American Journal of Geriatric Psychiatry*, 21(11), 1060-1070. (R/C=6/48(12.5%, Q1), GERONTOLOGY, SSCI; IF=4.4 in 2023).

The first two authors contributed equally to this study.

19. **Kuo, L.M.**, Huang, H.L., Huang, H.L., Liang, J., Chiu, Y.C., Chen, S.T., Kwok, Y.T., Hsu, W.C., & Shyu, Y.I.L. (2013, May). A home-based training program improves Taiwanese family caregivers' quality of life and decreases their risk for depression: A randomized controlled trial. *International Journal of Geriatric Psychiatry*, 28(5), 504-513. (R/C=11/48(22.92%, Q1), GERONTOLOGY, SSCI; IF=3.6 in 2023).
20. **Kuo, L.M.** & Shyu, Y.I.L. (2010). Process of ambivalent normalisation: experience of family caregivers of elders with mild cognitive impairment in Taiwan. *Journal of Clinical Nursing*, 19(23-24), 3477-3484. (R/C= 14/193(7.25%, Q1), NURSING, SSCI; IF=3.2 in 2023).
21. 高薇淇、**郭麗敏**、莊宇慧(2019, 2月)。淺談失智症遊戲。護理雜誌, 66(1), 101-106。
22. **郭麗敏**、蔡君明、吳淑芳、廖英壹(2020, 4月)。充氣式自動翻身氣墊床之成效探討。健康科技期刊, 6(2), 24-32。

二、Conference Presentations 研討會論文

1. **Kuo, L.M.**, Huang L.K., Wang, H.P. (2025, Feb). The Needs and Expectations in the Home Care Process for Dementia from the Perspective of Different Caregivers. 28th East Asian Forum of Nursing Scholars (EAFONS) Conference, Soul, Korea. NSTC 113-2314-B-227-005 -
2. **Kuo, L.M.**, Huang L.K., Wang, H.P. (2024, Mar). The unique journey from awareness to transcendence of formal caregivers in early-onset dementia. 27th East Asian Forum of Nursing Scholars (EAFONS) Conference, Hong Kong, China. NSTC 110-2314-B-227-009-
3. **Kuo, L.M.**, Wang, C. L., Huang, H.L., Hsu, W.C., & Shyu, Y.I.L. (2022, Dec). Challenges of family caregivers caring for a person with mild cognitive impairment: A longitudinal qualitative study. Asia Pacific Regional Conference (2022 ADI-APRC), Taipei, Taiwan.
4. Shyu, Y.I.L., Yang, C.T., Huang, H.L., Huang, Y.F., Tseng, M.Y., & **Kuo, L.M.** (2017, Apr). A care model for elderly hip-fractured persons with dementia and their family caregivers. The 32nd International Conference of Alzheimer's Disease International, Kyoto, Japan.
5. Shyu, Y.I.L., **Kuo, L.M.**, Huang, H.L., Liang, J., Kwok, Y.T., Hsu, W.C., & Su, P.L. (2016, Jul). A home-based training program decreases family caregivers' risk of being consistently depressed: A randomized controlled trial. The 31st International Congress of Psychology, Yokohama, Japan. MOST 97-2420-H-182-002-MY3.
6. **Kuo, L.M.** (2015, Nov). Self-efficacy and Competence Mediate the effects of a home-based training program on family caregivers' quality of life and depressive symptoms: A randomized controlled trial. The Taiwan Association of Gerontology International Conference, Taipei, Taiwan. MOST 97-

2420-H182-002-MY3.

7. **Kuo, L.M.**, Huang, H.L., Hsu, W.C., & Shyu, Y.I.L. (2014, Jul). Home-based caregiver training: Benefits differ by care receivers' dementia diagnosis. Alzheimer's Association International Conference, Copenhagen, Denmark. MOST 97-2420-H-182-002-MY3.
8. Shyu, Y.I.L., & **Kuo, L.M.** (2013, Jun). Differences in behavioral problems and caregiver outcomes between patients with vascular dementia and Alzheimer's disease. 20th IAGG World Congress of Gerontology and Geriatrics, Seoul, Korea. MOST 97-2420-H-182-002-MY3.

三、Research Project 研究計畫

(一)主持人

1. 建構及驗證以人為本之失智症居家情境模擬訓練方案之成效 Constructing and Verifying a Simulation Training Program for Person-Centered In-Home Dementia Care (NSTC 113-2314-B-227-005-, 113.08.01-114.07.31)
2. 失智症居家情境模擬訓練方案之建立與成效探討 Establishment and effectiveness of a simulation-based training program for home care in dementia. (NSTC 112-2314-B-227-002-, 112.08.01-113.07.31)
3. 以早發型失智症之照顧歷程為基礎建構與驗證經驗學習課程之成效 Effectiveness of experiential learning constructed and validated based on the care process of early-onset dementia. (MOST 110-2314-B-227-009-, 110.08.01-111.07.31)
4. 以茁根理論建構早發型失智症之家庭照顧者照顧歷程之理論模式 A model of caregiving trajectories for family caregivers caring for persons with early-onset dementia: A grounded theory approach. (MOST 108-2314-B-227-003-, 108.08.01-109.07.31)
5. 以社區為基礎之認知障礙老人的電腦化認知訓練方案之建立與成效的探討 To Develop and Test the Effect of the Community-based Computerized Cognitive Training Program for Elderly Persons with Cognitive Impairment (NSC 101-2314-B-570-001, 101.8.01-102.10.31)

(二)共同主持人

1. 失智症患者疾病歷程之經驗探討—由患者角度之茁根理論研究 Experiences of persons with dementia during the illness trajectory: A grounded theory approach from the person's perspective (106-2314-B-182-008-MY3, 106.08.01-109.07.31)
2. 針對認知功能缺損之髖部骨折老年病患及其家庭照顧者之照護模式 A care model for elderly hip-fractured persons with cognitive impairment and their family Caregivers. (NHRI-EX104-10405PI, 104.01.01-107.12.31)
3. 輕度認知障礙疾病歷程中家庭照顧者照顧過程之理論建構與理論為基礎之介入方案 A model of family caregiving and model-based intervention program for family caregivers of patients with mild cognitive impairment. (NSC102-2314-B-182-051-MY3, 102.8.01-105.7.31)

4. 以能力為基礎的失智症衛教師訓練課程模式之建立與成效探討-第二期計畫 Establishment and effectiveness of a competency-based train-the-trainer curriculum model for dementia educator: Phase 2 (NSC102-2511-S-255-006, 102.8.01-103.10.31)
5. 以能力為基礎的失智症衛教師訓練課程模式之建立與成效探討 Establishment and effectiveness of a competency-based train-the-trainer curriculum model for dementia educator: Phase 1 (NSC102-2511-S-255-006, 101.8.01-102.10.31)

四、專書與其他著作

郭麗敏、王曉萍(2011)。醫護英文(第七章 心臟血管系統)。臺北市：永大。

郭麗敏(2020)。長期照顧導論 1(第四章 基本生理需求)。臺北市：教育部國民及學前教育署。

郭麗敏(2020)。長期照顧導論 2(第九章 認識臨終關懷及安寧照護)。臺北市：教育部國民及學前教育署。

郭麗敏(2024)。身體檢查與評估下冊(第二章 腹部系統)。臺北市：教育部國民及學前教育署。